Volume 25, Number 3

June-July 2012

Farewell Message from the Grand Knight

Three years ago, I was asked to be an officer in St. Mary of Sorrows Council. One of the questions that was asked of me was "Do you want to be grand knight someday?" I told them that I would see how it goes. I was not sure I was up to the task; the job seemed to be a position with lots of responsibilities. Fortunately, I had people who believed in me and encouraged me to accept the challenge.

Now, the journey has come to an end. Being your grand knight this year has been one of the most rewarding experiences in my life. Yes, the position is very time consuming, but the rewards far exceed any negatives. When there is a complaint or criticism, the grand knight is the one that hears about it. I also get to hear the praises about our council, whether it is thanks for holding an event, or someone telling me about how our efforts have made their life better. We have a tremendous impact in St. Mary of Sorrows Church and in the Fairfax County communities, thanks to your efforts.

I have many people I want to thank for their help this year. First, I want to thank the youths of our council, the Squires, Squire Roses and Boy Scouts. The dedication these young people have made to help others and learn how to function in a group should make us feel proud of our next generation. I also want to thank the adult leaders of these groups, who give freely of their time to help our young men and women.

To those who volunteer to support all of our many activities from Christmas Tree Sales, April Improve-a-Home, and working on a Pancake Team, I thank you as well. Our various programs are what allow us to provide funding for our many charities. A special thanks to the various committee directors and activity chairs for



their efforts in making St. Mary's Council one of the best in the state of Virginia.

I want to thank my officers for their time and efforts in helping in the operation of this council. Your support has made my job a lot easier. Also, thanks to the officers' families for your support and understanding.

I also want to thank our pastor, Father Barkett, and priests, Father Stephan and Father Nicolas. Without (Continued on Page 3.)

Grand Knight's Message



Dear Brother Knights,

It is an honor to assume the duties today as the grand knight for our council at St. Mary of Sorrows and I look forward to serving our church and community with you.

At last count, our council has 463 members and continues to be innovative in finding ways to serve. "Serving" is what our focus should always be, and I hope you will join me in the next 365 days in finding new ways to serve under our core principles of charity, unity, fraternity and patriotism.

Serving in the council for our church and community does not have to be extraordinary. It can be done in simple ways such as serving as an usher at the Mass you regularly attend, or wearing your Knights of Columbus name tag each time you attend Mass. These simple acts generate

(Continued on Page 2.)

Grand Knight's Message

(continued from page 1)

questions such as "Who are those men they call Knights?" and believe me, it generates interest for men at St. Mary of Sorrows to join our order.

We all have unique skills and talents, different treasures, various levels of available volunteer hours, and diverse passions to serve, but we should all be unified in continually working to grow our order and not be afraid to ask Catholic men to join us. I believe it is an obligation for each of us to ask, and I hope you act on it every chance you get.

State Deputy Tom Hager, has adopted "Be His Light" as his theme to manage all the councils in the state of Virginia this fraternal year. This theme is indeed special because it calls us to evangelize under His name more steadfastly than we have ever been asked to do before. We cannot be passive to "Be His Light." We need to be strong models and emulate our Lord as best as we can each day.

To ensure we never forget to "Be His Light," I am incorporating this theme into our New Membership Campaign for the fraternal year 2012-2013. It is called "Be His Light, Recruit a Knight." Enclosed you will find a flyer outlining the incentives for this campaign to grow our order. Please support this campaign and take an active role in recruiting at least one candidate to join our order this fraternal year.

Updating our website (www.kofc8600.org) and sending email messages will continue to be the primary means of communicating with the membership on our activities. Our *Mariner* newsletter will continue to be published at least once a quarter and posted to our website. (Brother knights who do not have email addresses on record will have a hard copy of the *Mariner* mailed to their homes). A simple way to help this council is to take a look at our website at least once a month to keep abreast of our activities and programs. Our website also displays a calendar of upcoming activities and our meeting schedule. Take a look at our calendar and resolve to do one more thing than you did the last fraternal year. It could be as simple as attending one more meeting than you did the previous year.

Telephone outreach will also be another way of communicating whenever we need resources to support council activities. I ask you to please respond to those messages left on your voicemail. Even if you are unable to give your time because of other family obligations, it is encouraging for the brother caller to receive a response to know that his call has been heard.

Another simple way of supporting our council is to review your insurance needs at least once a year and consider Knights of Columbus Insurance for your financial portfolio. I personally have a life insurance policy with the Knights of Columbus which I obtained three years ago and augments my life insurance portfolio at a reasonable cost. My only regret is that I did not get this insurance 20 years ago. Brother Wayne Winters is our field agent contact for Knights of Columbus Insurance products. If you have not talked to him directly about your insurance needs for yourself and family, I highly recommend that you make an appointment with him as soon as you can. Brother Winters can be reached at wayne.winters@kofc.org or at 703-501-4648.

Praying the Rosary daily is yet another way to help our council. Praying is not complicated, but it needs to come from the heart. Taking 20 minutes of your day to pray the Rosary with devotion and faith is a way to meditate on the life of our Lord. Pray the Rosary for our nation. Pray the Rosary for those that have fallen away from our Catholic faith. Pray the Rosary to end abortion and preserve life. Pray the Rosary to end the unjust challenges to our religious liberties. Pray the Rosary for our priests, deacons and religious orders. Pray the Rosary for your family.

I would be remiss if I did not mention that a Knights of Columbus council can work wonders. With its many programs, it can help change the community. Our council is a shining light is this area with our Marian Homes program which serves those with intellectual disabilities. We can be proud that we are the only council in the state of Virginia that owns two group homes fully occupied with folks with intellectual disabilities. However, a successful K of C program is more than words that I can put on paper. It is the people behind the programs. The line-up of our Service Program Directors for this fraternal year is listed below. We need your help in these areas. Please contact the program directors or Deputy Grand Knight Fidel Rodriguez at fidelj72@yahoo.com, 703-490-5460 or cell 703-424-4117.

- **Youth Programs**, Brother Steve Morales, sam10724johnpl@yahoo.com 703-606-9670
 - · Church Programs, Brother Virgil Villapondo,

Grand Knight's Message

(Continued from Page 2.)

vvillapando@gmail.com

703-503-9416

• Family Programs, Brother Rich Cardenas, Richard.cardenas@cox.net

703-425-1551

• Council Programs, Brother Chris Brensy, chris.brensy@gmail.com

703-801-5495

• Community Programs, Brother Michael Coughlin, mcoughlin59@msn.com

703-543-8799

• **Pro-Life Programs**, Brother Art De Los Santos, adelos santos 11@verizon.net

703-273-6799

In just a few days, we will be celebrating the Fourth of July. Each year the parades get better, the firework themes more colorful and elaborate, and the cookouts with friends and family leave us with a more satisfied feeling than the year before. All of these things are good, but let us not forget there are those that would like to limit our joy, happiness and pride and make us believe

Form #100
Belongs in
All of These Places

Briefcase
In Your Pocket
Near Your Phone
Glove Compartment
Everywhere You Go!

SIGN UP A
NEW MEMBER
TODAY!

that our Catholic faith is somehow flawed and should not flourish in the 21st Century. Let us stand together to prove them wrong and affirm before all who challenge us that our founding fathers acknowledged God as the source of all our rights.

Have a wonderful and safe Fourth of July with your families. "Be His Light" today and always, and God Bless the United States of America.

La Vida es Buena.

Fraternally,
R. David Lopez (Dave)
grandknight@kofc8600.org
Cell 703-928-0121



(Continued from Page 1.)

their support, our programs and events within the parish would not be possible. Father was always there for us, and we always strived to grant his requests and to offer support. I also want to thank his staff; they kept me in line and it was a pleasure working with them.

Lastly, I want to thank you for your prayers and support during the past year. Whenever I needed something, you guys were always there for me. I ask that you give next year's grand knight, Dave Lopez, and his officers the same support you gave me. You can be proud that so many brothers have stepped forward to help in the parish and leadership of St. Mary of Sorrows Council.

In closing, again thank all of you for your efforts this year. As I have stated throughout the year, I am your humble servant. I will continue to help out this council anyway that I can and I thank you for the honor of being your grand knight this year.

Vivat Jesus, David C. Sharp

The Chaplain's Corner

THE VIRTUE OF HOPE

Hope is infused into us by God. It is the theological virtue by which we trust completely in attaining eternal life with God when we die, and that God will provide us the means to get there. The certitude that we will attain eternal life means that with the help of God there is no obstacle that will keep us from our salvation.

The extremes of presumption and despair should be avoided. Apart from me you can do nothing (John 15:5). Without the grace of God, we cannot do good and salvation is not possible. God is good and merciful, but he is also just. He wants to save us, but we must cooperate with his grace. Work out your salvation with fear and trembling (Phil. 2:12). We can avoid despair and discouragement by understanding that God is merciful, and realizing that he will repeatedly pardon the repentant sinner. Although by ourselves we can do nothing, with God's grace all things are possible (Phil. 4:13). Every time we fall in living as God would want us to, we need to courageously get up and continue our journey toward God with greater effort.

We need to focus our thoughts on God and the promise of eternal life with God in heaven when we die for several reasons: 1) We will not be satisfied until our hearts rest in God. There is a hole within us that only God can fill. What profit would a man show if he were to gain the whole world and destroy himself in the process (Matt. 16:26)? 2) We need to be consoled by Christian hope in spite of all the suffering

and trials that we experience. The sufferings of this life are nothing com-

pared to the glory that will be revealed to us in the next life (Rom. 8:13). We should recognize that God will bring good out of difficult times, if we bear our trials courageously. We should contemplate God and his promise of eternal life through our tears when times are tough. 3) We need to strive to do good. We must put our desires aside, and strive to be virtuous in all we do. This can be very difficult.

We will grow in the virtue of hope by developing an attitude of confidence in God, and the fact that he is there for us. The following practices are useful in growing in hope: 1) Live one day at a time. Don't worry about tomorrow, nor what happened yesterday, but live in the present moment. Trust God to take care of you, and hope for all things from him. Look at the birds in the sky ... Think of the flowers in the fields ... Will he not much more look after you (Matt. 6:26-30)? 2) Practice simplicity in your prayer. In your prayer do not babble as the pagans do ... Your Father in heaven knows what you need before you ask him (Matt. 6:7-8). 3) Practice the virtue of detachment from things of the world. In order to do the will of God and grow in holiness, it is necessary to be willing to "go with the flow," and see God's hands in everyday events. 4) Develop an attitude of proceeding at any cost in the path toward

(Continued on Page 5.)

REMEMBER THE SICK AND THE DECEASED

Sickness, from the common cold to an incurable disease, and death are a part of life. But they do not have to be the end all for the individual or their surviving family members.

The first level of support is a prayer, rosary and kind words. For the sick and deceased knights, surviving family members face tough roads ahead; please take the

Chaplain's Corner

(Continued from Page 4.)

being united with God. God calls us to a personal and intimate relationship with him. He will help us in our growth in holiness, if we have confidence in him and persevere in our efforts.

When we have perfected the virtue of hope, we will have complete confidence in God, and nothing will discourage us in our walk with the Lord. We will have a deep peace and serenity, in spite all that happens around us. Our hearts will be centered on God. We will not be afraid of death, because we look forward to joining God in heaven, and we will realize that heaven begins on earth. We have our citizenship in heaven (Phil. 3:20).

In September we will be offering a course called "Discovering Christ" that is designed to help us develop a personal and intimate relationship with Jesus. I encourage each of you to participate in this course.



God bless you all, Father James S. Barkett time during our council meetings to include them in our prayers.

But more so, we should not forget to ask about and assist our sick council brothers or their families. If you know of a sick brother or a sick brother's family member, please make an effort to ease the pain and concern of the brother and his family during this time. This can be done easily by going to visit the brother knight or family member who may be hospitalized, living in an extended care facility or homebound. Offer to pray the Rosary with the person. Offer to assist family members of a hospitalized knight by driving them to the hospital for a visit. Offer to stay with the homebound knight or family member while caregivers go out for shopping, a movie or some other activity. Preparing meals to assist the knight and his family and easing their burden.

When a knight or a member of his family becomes seriously ill or is hospitalized, put a prayer listing in the council's website and immediately notify the grand knight and the Family Council chair of this fact and ask that this individual be remembered in the prayers of his fellow knights. Encourage members to telephone, write or visit bedridden knights or family members.

But the most devastating time a family faces is the death of a loved one, whether it be a brother or a family member. At such times, we knights can help ease the suffering of the family of deceased members by offering our love and support. Charity is the first and greatest of the order's four principles. Immediately reach out to the surviving family members and offer your support. By attending the wake service for a deceased knight or a knight's immediate family member, council members show the fraternity that is an integral part of the order. Council members can also assist survivors by helping at the postfuneral brunch or luncheon.

Once the funeral is over, remember them by continuing to be of service to a deceased member's widow and family. Invite them to council activities, especially memorial Masses for departed members. Stay in touch with the surviving family member to see if there is any work that needs to be done around the home such as roof repairs or repainting. Be sure that they remain on the mailing list for the council newsletter. Offer to help where and when it is needed, remember the deceased knight may have been the one to prepare the annual income tax

(Continued on Page 6.)



The Knights of Columbus Color Guard, Father Malloy Assembly, included several sir knights from Council 8600 at the Fairfax City 2012, 4th of July parade. Pictured in this photograph from left to right, Joe Scavetti, Gerry Rutkowski and Dan Turgeon. Other knights marching in the parade from Council 8600 are Johnny Restivo, PGK, Dave Lopez, GK, and Fidel Rodriguez, DGK.

REMEMBER THE SICK

(Continued from Page 5.)

return or to repair her car. Also consider offering her transportation to Knights of Columbus and church events or at other times as needed.

Without its fraternal and Catholic nature, there would not be much left to the Knights of Columbus. This fraternity, or sense of brotherhood, is the "unwritten" benefit of membership. It's something that is easy to take for granted, but needs the effort of each and every member to stay alive. Help keep Father McGivney's dream alive and vibrant by remembering that our Catholic order is fraternal and by practicing fraternity.

PGK David Sharp





Happy Birthday To You



June Birthdays

Ercole M Barone Richard P. Bucinell Frederick F. Burgess Jr. Richard R. Cardenas Thomas J. Connelly Kevin M. Conners William A. Fields John F Fitzgerald Paul E Gauthier Gerald E Hovan Dennis R Hutson James P Kearney Joseph A. Keefe Richard P Lee Gary D. MacFadden David M. Maurer Paul A McNulty Alberto L. Meer David Megel Joseph E Melchiorre Jr. Larry G. Mikesell Jr. Matij Mirko Vincent T O'Connor Barry TO'Hare Robert J Portland Jr. Robert F. Quartuccio Mark A. Ries Keith E. Ruby Armando L. Ruiz **Andres Saldias** Francois F. Tiayon M K. Tribbie Don E. Vanmeter Marvin J. Weniger

Ronald W. Wheaton

July Birthdays

Francis R. Adams Jr. William C. Baker John P. Beauchemin Raymond J. Bernero Kevin M. Bohli Hugo A Bonuccelli Melquiades D. Bravo Christopher D. Brensy Larry J Brindza Richard T Bulova Michael J. Burbach Colin J. Burkhalter Henry G Chalkley James T Connors Jim H Davis Joseph G Fleming John P. Gaffigan Pedro L. Guerrero Charlie C Gulac Michael A Holincheck Rev Cyprien E. Houndje Benjamin L. Keith Bruce R. Ladino Michael J. Lukacs Daniel A. Neckel Alex S. Obuchowski Jay O'Connor Kevin F. O'Neill John J. O'Neill Joseph W Osborne James R Quayle Gregory T Reinhart Raymond J. Remeika Johnny D. Restivo

Robert F. Ritchie

Edward A. Robertson Albert P Roddy John M. Ryan Thomas E. Silva Joseph H. Simpson Michael J Stephens Sr. Edward W Stephens John G. Stizza Walter A Vanderbeek William G Von Holle MathieU G. Zahui

August Birthdays

Richard P. Berger Benjamin K. Boyd James L. Butler Charles J. Cadden James J Cella Paul M Ciatti Matthew T. Ciskowski Gary M Comerford Dennis A Connaughton Michael V. Coughlin Russell R De Rose Louis-Roi Deha John J. Finnerty Thomas A. Fuhrman Carlos A. Gargiulo Daniel J Graser Eric L. Hein Wait (Bud) C Johnson Charles V Johnson Paul B Kourtz Michael E. Kropaczek Richard M. Kulak John R. Lee Thomas J. McGrath

John A. McMillin Kenneth C Miller John W. Mills John A Moar Eugene J. Molinelli Richard E. Nygaard Vincent M. Obi John R Purkat Santo J. Rannazzisi John W Rensbarger Gerard S. Rutkowski Michael J. Saffa-Wuya Michael A Searson Timothy G Shea Thomas E Simonton Michael L Sorrentino Tung H. Tran

In Loving Memory

Paul A. Maltagliati, SK, PGK, August 15, 1961— June 25, 2012

Richard J.
Power, 3rd Degree, May 30,
1926–June 24,
2012

New Membership Campaign 2012-2013 "Be His Light"







(Size of challenge coin 1.75", weight 1.5 oz.)

Recruit a Knight

To reward Brother Knights of Council 8600 during the fraternal year July 1, 2012, to June 30, 2013:

- Recruit one member to our order and receive this beautiful challenge coin, finished in antique bronze with beautiful detailed design and colors, which depicts our order's principles: charity, unity, fraternity, patriotism; with the American Flag, a Bible and a Rosary. A challenge coin to cherish and to pass to a son or daughter
- Recruit a second member to our order and receive a framed "First Day of Issue" stamp envelope cover depicting a stamp with George Washington, our nation's first president, and a second stamp depicting a Patriotic Quill Pen and Inkwell.
- · Recruit a third member to our order and receive a Special Certificate of Appreciation presented by District 14 Deputy Frank B. Guest.
- · Recruit a fourth member to our order and receive a \$25 gift card to "First Watch Restaurant" at 9600 Main Street, Fairfax, VA 22031.

R. David Lopez Grand Knight

From Our State Deputy

Brother Knights,

Lumen Christi! Each Easter Season the Church joyfully proclaims that the "Light of Christ" has come! We, as the Church's knights are called upon to realize that there is a new beginning and that we are invited to be a part of it. In a very special manner, as Knights of Columbus and thus members of the largest lay body in the Church, we are asked to "Be His Light!" as we participate in the New Evangelization and stand ready to repel the unprecedented assault on our faith by our government. We must begin that Evangelization within ourselves, dedicating ourselves to express Christ's light to the world in everything we say and do.

Each of us must be an example of Catholicity in every possible situation, particularly in the home. We must set the example for our families and especially for our children. We must also display the mark of Columbianism in the workplace, the community and in our parishes. People should realize we are different — for we are! We are sworn Knights of Our Lady and defenders of the Church our bishops and priests! We don't belong to a club but to an order founded by a Catholic priest, the Venerable Father Michael J. McGivney. We say the Rosary often, if not daily. We hold Charity to be our basic principle and act in unity to insure others are cared for and that our nation

Military Veterans

You can replace your military records, medals and awards. For information go to the DoD Archives website at: http://www.archives.gov/veterans/evetrecs/

and its values are held high.

A new fraternal year begins today. We have many new leaders in our councils at all levels. They are poised to move us forward in a fashion that will



make all of us active participants in growing the order, bringing its message to all qualified Catholic men and their families, and at the same time supporting the New Evangelization underscored by the Holy Father and our bishops. They also will continue to actively support the call of our bishops to insure we do not permit to be taken from us the inalienable right given us by God to practice the Catholic faith.

I ask each of you to "Be His Light!" and join with me in this most dangerous of times to stand with your brothers, sustain the virtue of this nation, practice the New Evangelization and defend our Faith! Nothing is more important to our children, our families and our nation!

Fraternally, Tom Harger State Deputy

PHONE: (703) 501-4648 wayne.winters@kofc.org



Wayne L. Winters FIELD AGENT

AGENCY DEPARTMENT 10834 MONTICELLO DRIVE Knights of Columbus GREAT FALLS, VIRGINIA

Our Virgin of Guadalupe Prayer Program Coming to St. Mary of Sorrows on July 27, 2012

During the week of July 22 our council will be hosting Our Lady of Guadalupe Prayer Program at St. Mary of Sorrows Parish Center. The

Program at St. Mary of Sorrows Parish Center. The image Icon of our Lady of Guadalupe will be displayed on Friday, July 27, from 7:30 to 8:30 p.m. Our church director, Brother Virgil Villapando, will be coordinating this event.

Our Lady of Guadalupe, as patroness of the Americas, has special significance to the Knights of Columbus. When the order sponsored a tour of a relic of St. Juan Diego's tilma in 2003 Our Lady of Guadalupe's role as mother of all in the Americas became very clear.

In city after city, crowds of tens of thousands of people came to venerate Our Lady of Guadalupe. What was most striking was not the number of people, but the number of nationalities and ethnicities represented in each gathering.



Likewise, at the Guadalupe Festival sponsored by the Knights of Columbus in 2009 in Phoenix, more than 20,000 people came to venerate and celebrate our Lady of Guadalupe. It is the hope of Supreme Knight Carl A. Anderson that this prayer program will continue to expand the devotion to Our Lady and the evangelization of the Americas.

Our prayer program at St. Mary of Sorrows is open to all our parishioners, so please invite your friends and relatives to attend. The Icon image under our council's control for the week of July 22 is unlike any others used before. Not only are they blessed by His Holiness Pope Benedict XVI, but each one was also touched to the original image of Holy Mary of Guadalupe on St. Juan Diego's tilma. Each image bears the signature of the rector of the Basilica of Our Lady of Guadalupe and was sealed with a bit of soil from the first church at Tepeyac Hill, the very terrain on which Our Lady appeared to St. Juan Diego almost 480 years ago.

Grand Knight, David Lopez, Cell 703-928-0121; Chaplain, Fr. James S. Barkett, 703-978-4141; Financial Secretary, Phil Torrey 703-690-3127; Insurance Agent, Wayne Winters 703-501-4648.

Web site: www.kofc8600.org. Deadline for articles is the tenth day of the month preceding publication. Opinions expressed are those of the individual author and do not necessarily reflect those of Saint Mary of Sorrows Council, the grand knight, the officers, the editor or the Knights of Columbus. Editor: Frank Romano 703-250-8988; E-Mail: fromano1@cox.net