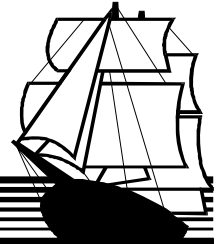


MARINER



K N I G H T S O F C O L U M B U S

Volume 23, Number 3

May — June 2010

Council's 2010 Improve-A-Home Program

This year's Improve-A-Home Program encompassed eight sites, reported coordinator Tim Shea and staffing manager Gene Molinelli. Each site was managed by an experienced site captain who oversaw the planning and staffing for his site. A total of 40 volunteers participated, including youths from the Boy Scouts, the Squires and the Squire Roses.

Bill Baker headed up the cemetery program, which includes grounds maintenance and site repairs necessitated by the harsh winter. This is Bill's third year at this helm, and last year his team completed installation of a complete sprinkler system. Brian Prindle headed up a similar multiyear program for Marian Homes where landscaping was provided for the new sunroom opened last fall. Jack Dulan and his son led the interior painting work at Marian Homes, completing a four-phase interior redecoration planned with the assistance of PGK Dick La France's daughter.

Around town, Gerard Rutkowski and PGK Paul Maltagliatti installed new doors to complete a wheelchair ramp project installed last year, making the resi-

dent family's life much easier. Dave Evans and PGK Peter Garry led spring cleanup teams at local parishioners' homes, and Fidel Rodriguez organized a multipurpose program at the home of an Hispanic lady needing structural and other repairs as well as yard work. The army of workers needed food; PGK Al Obuchowski led and managed this effort.



Grand Knight's Message



Dear Brothers,

Can you believe we are at the end of yet another fraternal year? As I am about to hand over the reigns to your next Grand Knight and reviewing the past year: I am saddened by the loss of our dear friends that have been called to their eternal reward; I rejoice at a number of firsts for our council, like the first ever Silver Rose ceremony, or the addition of the Paul Stefan Foundation as a cause to help under our "right to life" efforts; I am encouraged by the spirit of our council members and the will to make things happen, like the purchase of our second Marian Home for the intellectually disabled.

This has been a great year for me. What an honor you bestowed on me to be elected your Grand Knight; I have been humbled

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Grand Knight's Message

(Continued from page 1.)

by your faith in me to lead such a great group of people. I say people because behind almost every Knight stands a family that in many cases is as active in our causes as our members—a fact that is not lost on our Supreme Headquarters, who selected two of our Families of the Month recipients to be honored as Supreme Families of the Month. And of course there are our Squires, Squire Roses and Boy Scouts—it has been such a privilege to associate with them and the work they do for the church and the community. With such great young people to hand over our legacy, I am eager to see the heights that our council will soar to—they are our bright future.

So I leave this honored position with a deep sense of accomplishment that you all have made possible; a bittersweet feeling that leaving the leadership position of such a great organization always brings; and excitement to rejoin the ranks of the council to follow and help to do the good work for which Council 8600 has become known.

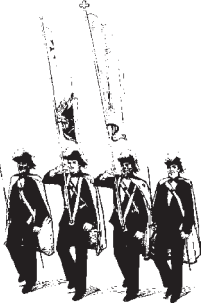
My deepest and heartfelt “thank you” to each of you for the tireless efforts you have made to the good of the Order, the Church, and our community.

Vivat Jesus,
Dan Turgeon



Slate of Officers 2010-2011

- | | |
|--------------------------------------|--------------------|
| Grand Knight | Donald Wilkinson |
| Deputy Grand Knight | David Sharp |
| Chancellor | R. David Lopez |
| Recorder | Fidel Rodriguez |
| Treasurer | James Cella |
| Advocate | Tim Shea |
| Warden | Gerard Rutkowski |
| Inside Guard | Mark Haaland |
| Outside Guard | Louie Leitao |
| Outside Guard 2 | Christopher Brensy |
| 3 Year Trustee | Daniel Turgeon |
| 2 Year Trustee | Paul Maltagliati |
| 1 Year Trustee | Johnny Restivo |
| Grand Knight Delegate | Donald Wilkinson |
| Alternate Grand Knight Delegate | David Sharp |
| Past Grand Knight Delegate | Daniel Turgeon |
| Alternate Past Grand Knight Delegate | Paul Maltagliati |



The Chaplain's Corner

Progress in Prayer

The intensity of one's prayer life coincides with the intensity of one's charity.

Saint Teresa of Avila

Father Jordan Aumann in his book, *Spiritual Theology*, summarizes Saint Teresa of Avila's descriptions of the changes in a person's prayer as he or she progresses from the way of a beginner to the way of the advanced in prayer. In addition, Saint John of the Cross in his writings talks about major transition points in one's prayer life as the person transitions from ascetical prayer to mystical prayer and then to transformation into an image of Christ.

The following is a summary of the different forms of prayer as one grows in prayer and the spiritual life. The mansions referred to below are from Teresa of Avila's book *The Interior Castle*.

Ascetical Phase

(Practice to acquire a skill)

1. Vocal — Private and public with attention and devotion.
2. Meditation (Mental Prayer)
 - Reasoned application of the mind to some supernatural truth in order to penetrate its meaning.
 - Love it (Act of love is aroused in the will.)
 - Carry it into practice with an act of grace (Application of the truth to our life and a resolution to do something about it).
3. Affective Prayer — Give ourselves to movements of love. Meditation and spiritual reading supply the material that stimulate the activity of the will.
4. Prayer of Simplicity — Simple loving gaze upon some divine object. The bridge between ascetical and mystical prayer. Final disposition before the Holy Spirit begins to operate on the soul by means of his gifts. When the



loving gaze begins to waver, return to affective prayer or meditation.

— Dark Night of the Senses —

- A. No pleasure or consolation in things of God or in ordinary things (dryness in prayer).
- B. God seems far away, feel unworthy of his love, but drawn to him.
- C. Can no longer meditate or reflect in the imagination.

* In prayer, remain in peace and quiet as if doing nothing and let God do his work.

Mystical Phase

(Experiential/Intuitive knowledge of the Divine)

5. Infused Contemplation — Loving knowledge of God that is experienced through the gifts of the Holy Spirit of wisdom and understanding. The Intellect is withdrawn.
6. Prayer of Quiet — The will is completely captivated and absorbed in God. Greater intensity of the contemplative light and more intense consolations. Actual possession and joyful fruition of God.
7. Prayer of Union — All interior faculties, including the memory and the imagination, are captivated. Only the external body senses are now free (5th mansion).



God bless you all,
Father James S. Barkett

MARIAN HOUSE LANDSCAPING PROJECT

First, let me offer my thanks for your tremendous support of the entire Improve-a-Home effort! I very much enjoyed working with you and greatly appreciate your very timely and critical assistance in setting the Marion House outside project up for success, and the large amount of manual labor you contributed on both Friday and Saturday! I've been giving thanks today for the rain to get all the plants well-watered in!

A few thoughts on the 2010 Marion House outside project:

- **Goals.** I believe we met all our goals, including: shrub and tree trimming and yard waste removal; replacing "wounded" plants; transplanting those worth saving; enhancing the driveway with rock; mulching all shrub beds front and back; and a few other odds and ends.

- **Injuries.** No injuries were noted nor reported, other than perhaps a few sore muscles.

- **Special assistance.** Your coordination, facilitation and expertise, and especially those of several members of the work crew team, were invaluable. Burke Nursery provided a 15 percent discount and

free delivery of all materials. Larry's support to cut up the tree on Friday was much appreciated.



- **Ideas for a project next year.** Continue to look at removal of older trees, such as the other cedar trees near the storage building that have many dead branches already, and perhaps the cedar tree we trimmed, as its appearance may not improve over time in spite of our well-intended efforts. We "pushed the envelope" on what volunteers can do with the tree cutup and removal. For the mulch, it is okay to have Marion House group order the mulch, but it needs to be the light brown colored mulch. They should get this from Burke Nursery or, if too difficult, have the house captain order it along with other supplies so that it can be delivered right before the event. The correct amount to order is 10 cubic yards total.

- **Other comments.** We really needed a minimum of 12 people for the project, especially since a few persons had to leave before the project was completed. Since materials are ordered in advance, if we are short on manpower, either those available will have

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MARIAN HOUSE

(Continued from page 4.)

to work longer or some of the project will not be completed.

• **People.** Joe Fleming’s truck and chain saw were invaluable, as were Larry Brindza’s chain saw and hard work Friday. Dick Lee did a great job overseeing the driveway enhancement with Billy and Patrick Stevenson; they all did a great job moving “mountains” of rock and mulch. PGK² Eric Barone performed admirably preparing and enhancing the shrub beds, as did Larry Atienza and Louie, who also planted the new plants, Peter Tompkins, who raked the backyard and provided other support, and Jeff and Kathy Prindle who completed several important tasks.

We had a great team and perfect weather!
All the best,

Brian Prindle



Dear Brother Knights and Families,

This month the emphasis is on Associate Members becoming Insurance Members. The Columbia magazine entire issue features insurance-related articles. Please take the time to read this issue. I invite all members to learn about the Knights of Columbus insurance, annuity and long-term care products.

This past week Council 12579, St. Veronica, lost a member in a motorcycle accident. The family lost a father and the Council lost a very well-respected member. He retired from the U.S. Navy as a Captain, Flight Surgeon. We remember him as helping at pancake breakfasts and attending meetings. Please keep the family of Dr. William I. Miller in your prayers.

Please call me with any questions.
703-444-6118-b, 571-276-3927-c,
paul.hannan@kofc.org

Paul T. Hannan
Field Agent



Prayer to Saint Michael the Archangel

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host – by the Power of God – cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

Pope Leo XIII (1878-1903)

BETTY GONZALEZ HOUSE . . .

Deck Repairs, Replacement of Window Panes, Replace Exterior Wood Door, Install Door at Entrance to Mechanical Room, etc.



Tim/Gene: Thanks for your leadership in getting the teams and the subject matter expert (SME) volunteers. I am very proud and happy to have had these dedicated and skilled SMEs on my team.

Charles/Lynn: Thanks a million for an excellent professional job in working with Ausberto on the renovations to the “deck.” Installing the 6x6 wooden posts and bolts was not an easy task. Thanks also to Tom Shea for the “lift tubes” and Dan Turgeon for the super dooper drill to get the concrete bolts on the slab. All of you showed patience, expertise and professionalism in your work. Thanks for bringing the right tools for the jobs.

Lynn: Thanks for being part of the “dirty” half (six) of the team. Your expertise in sheetrock and your touch provided me with the assistance in getting

the job almost done. Unfortunately, I had to go and help Mike with the exterior door. The sheetrock you cut was just perfect; you should see how well the finished job looks. Fortunately, Ausberto and I were able to return the following Saturday and finish the job.

Mike/David: You guys did wonderful miracles with the exterior door. David, I thank you for your tips in getting the old door out and preparing the frame for the new one. Your expertise and thoughts were well received. You both took control of replacing the



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GONZALEZ HOUSE

(Continued from page 6.)

door, and ultimately Ausberto and I finished the framing and molding.

Mike: Thanks for your expertise with doors. We will be delighted to have you again next year for any carpentry job. Your skills and having the right tools just made our work easier. I am happy to hear that your surgery went well and that you are now back to normal operations.

Ausberto: Your presence was needed. Without your help we could not have done it. Thanks for returning the following Saturday and helping me finish the job and install the door in the downstairs bedroom.

Dan/Tim: Thanks for bringing the extra special tools we needed. It all worked out well for the task before us.

Thanks all for all the hard work and dedication, and for volunteering for this noble cause. Betty was very proud and happy for the work we did at her house. This was a win-win situation for all.

On behalf of the Knights of Columbus, I thank you



all for your service and charity in helping others.

I hope to have you all on my team next year.

Betty, thanks for the wonderful “empanadas,” lunch and coffee. I also want to thank the gentleman who came by and was able to help me acquire additional materials from Home Depot. I am pleased that you like the work we did at your house.

Fidel Rodriguez



2010 CALENDAR YEAR

MAY

- 1 Special Olympics (Tentative)
- 1, 2 State Convention
- 7 First Friday Adoration, 7 p.m.–8 a.m.
Worship Center
- 4 Council Meeting, 8–9:30 p.m.
OSMH
- 8 Improve-A-Home Follow Up 7–9 a.m.
Farrel Hall
- 8 Tex-Mex Dinner, 4–8 pm Farrel Hall
- 9 Mother's Day
- 15 Arthritis Walk
- 16 Pancake Breakfast, 6 a.m.–1 p.m.
Farrel Hall - (Marotta Team)
- 22 Fourth Degree Exemplification
- 29 Rt. 123 Cleanup 8:30 a.m., OSMH
(Scouts)

JUNE

- 1 Council Meeting & Scholarship
Presentations (Open Meeting)
8-9:30 p.m., OSMH
- 4 First Friday Adoration, 7 - 8 am WC
- 4-6 Celebrate Fairfax
- 5 Marion Homes, Pebble Lane House
Improvements, contact Bill Baker at:
wbaker15@cox.net
- 6 St. Marys Corpus Christi Feast Pro-
cession
- 5,6 Wounded Warrior Support
- 15 Council Meeting & Election of
Officers, 8-9:30 p.m., OSMH
- 19 Marion Homes, Pebble Lane House
Improvements, contact Bill Baker at:
wbaker15@cox.net
- 20 KofC Family Picnic, Burke Lake Park
Don't Forget to Bring Kids and
Grandkids; Please Bring the Following
According to the First Letter of Your
of Your Last Name:
A to H: Appetizers
I to P: Side Dish
Q to Z: Desserts
- 27 Installation of Officers, WC, 7 p.m.
(Tentative)

**Form #100
Belongs in
All of These Places**

- Briefcase
- In Your Pocket
- Near Your Phone
- Glove Compartment
- Everywhere You Go!



**SIGN UP A
NEW MEMBER
TODAY!**



KNIGHTS OF COLUMBUS



Grand Knight, Dan Turgeon, (703) 698-8030; Chaplain, Fr. James S. Barkett, (703) 978-4141; Financial Secretary, Phil Torrey (703) 239-8644; Insurance Agent, Paul T. Hannon (703) 444-6118.

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